

HAZARDS AND HELP: TURNING TO GOD IN A CAVE

Journey – Songs for the Road (3)

Psalm 124

3 Movements: Psalm 124

1. The Theme: David reflects on All God's Protection (v. 1-2)

What was Involved? 1 Samuel 22: 1-2

- David's life bottomed out. He's alone in a very dark CAVE.
- God brought him to nothing to REROUTE his life, not ruin it.
- David decided not to walk away from the cave, but ACCEPT it and MAKE THE BEST of it.

How did it happen?

- David hurt enough to ADMIT HIS NEED
- He was honest enough to CRY FOR HELP
- He was humble enough to LEARN FROM GOD

2. The Problem: David realized the enemy sets many traps (v. 3-5)

What kind? Fierceness and Unexpected – 2 Samuel 5: 17ff

Physical, emotional, spiritual-- Friends and foes

What outcome? ROAD KILL!

3. The Answer: David rejoices in the deliverance of God! (v. 6-7)

-God did not leave us on our own! He rescued us!

The Chorus: v. 8 The God of all power & creativity can be your deliverer-guide!

Your Response: Luke 8: 43-48 Jesus heals the woman's hemorrhage.

How?

Are you just curious about God, or will you reach out to Him, in faith, knowing His mercy will bring healing to your mind, body, and spirit?

Bible Reading: 1 Samuel 22: 1 and 2; Psalm 124

¹ David departed from there and escaped to the cave of Adullam. And when his brothers and all his father's house heard it, they went down there to him.

² And everyone who was in distress, and everyone who was in debt, and everyone who was bitter in soul, gathered to him. And he became commander over them. And there were with him about four hundred men.

Psalm 124

- ¹ If it had not been the LORD who was on our side—
let Israel now say—
- ² if it had not been the LORD who was on our side
when people rose up against us,
- ³ then they would have swallowed us up alive,
when their anger was kindled against us;
- ⁴ then the flood would have swept us away,
the torrent would have gone over us;
- ⁵ then over us would have gone
the raging waters.
- ⁶ Blessed be the LORD,
who has not given us
as prey to their teeth!
- ⁷ We have escaped like a bird
from the snare of the fowlers;
the snare is broken,
and we have escaped!
- ⁸ Our help is in the name of the LORD,
who made heaven and earth.